

SUPPORT GROUPS & CONTACTS

Contactable during working hours

8.30am – 5.00pm

Blood Cancer Support Group (Mildura)

(Tue - Fri 10.00am - 4.00pm)

Facilitator (03) 5025 8866

Japonica/Cassia Women's Breast Cancer Support

Groups (Bendigo)

Sharon 0409 416 852

Kerang Cancer Support Group

Monica (03) 5450 9200

Kyabram Cancer Support Group

Sherry (03) 5852 0000

Wild Orchids Breast Cancer Support Group (Echuca)

Serena (03) 5485 5226 (Tue, Wed, Thu)

Wonder Women Breast Cancer Support Group

(Donald)

Kerry (03) 5478 6213

Sunraysia Cancer Resources (Mildura)

Shop 2, 302 Deakin Ave, Mildura 3500

(03) 5025 8866

Tue - Fri 10.00am - 4.00pm

Cancer Council Helpline

(a service of the Cancer Council Victoria)

13 11 20

Speak to a cancer nurse for the cost of a local call

Mon - Fri 8.30am - 8.00pm

or visit www.cancervic.org.au



Bendigo Supportive Care Advisory Group

This brochure is an initiative of the **Bendigo Supportive Care Advisory Group.**

The group consists of Cancer Support Group members from the Bendigo region who are committed to the development and enhancement of local support services.

They identified the need to provide improved information on local support services for people newly diagnosed with cancer.

After the successful trialling of the first Information Brochure for Newly Diagnosed Cancer Patients the scope of the brochure was expanded to the Loddon Mallee region.

Loddon Mallee Integrated Cancer Service (LMICS)

P.O. Box 126 Bendigo 3552

Ph: (03) 5454 8380

www.lmCancersupport.com.au

(for information about cancer support in the Loddon Mallee region)



INFORMATION FOR NEWLY DIAGNOSED CANCER PATIENTS



HELP IS ONLY A LOCAL PHONE CALL AWAY

Cancer Council Helpline

13 11 20

Each person has an individual reaction and response when told they have cancer

You may be asking:

- ◆ What is Cancer?
- ◆ Can it be cured?
- ◆ Where can I get information about Cancer?
- ◆ Is there anyone in my local area I can talk to about Cancer?
- ◆ Are there local Cancer Support Groups?
- ◆ How can I tell my family/friends/employer that I have Cancer?
- ◆ Is financial assistance available?

There are resources you can turn to locally:

- ◆ Talk to someone from a **Support Group**
- ◆ Visit our **Cancer Support website**
- ◆ Speak to a cancer nurse on the **Cancer Council Helpline**

My Personal Phone Numbers

DOCTOR (GP):

SPECIALIST:

CHEMIST:

OTHER:

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LOCAL HELP & SUPPORT only a local phone call away

LODDON MALLEE SUPPORT GROUPS & CONTACTS

Contactable at any reasonable hour

Avoca Breast Cancer Support Group
Sue **(03) 5465 3245**

Bendigo Cancer Support Group
Cath **(03) 5442 8861**
Gwen **0407 312 100**

Bendigo Dragons Abreast
Judy **(03) 5449 6448**
or **0413 992 384**

Bendigo & District Prostate Cancer Support Group
Kevin **(03) 5447 9674**
Paul **(03) 5434 3422**

Cohuna Cancer Support Group
Lorraine **(03) 5456 4666**
or **(03) 5456 4164 (AH)**

For Blokes Sake Men's Self Help Cancer Support Group (Maryborough/Avoca)
Fred **0447 532 685**

Inglewood & District Cancer Support Group
Noreen **(03) 5437 3272**
Sheilah **(03) 5494 3541**

Macedon Ranges Cancer Support Group
Brenda **(03) 5427 3571**
or **0438 309 524**

Support Groups & Contacts

Contactable at any reasonable hour

Maryborough Breast Cancer Support Group
Jeanette **(03) 5461 1461**

Merrygold's Cancer Support Group (Mildura)
Loris **(03) 5023 8395**

Moama/Echuca Cancer Support Group
Joyce **(03) 5480 0118**

Rising Phoenix Cancer Support Group (Bendigo) (Under 45's)
Kerri **(03) 5439 4344**
Lenita **(03) 5443 3215**

Sunraysia Cancer Support Group (Mildura)
Jan **(03) 5023 0665**
Joan **(03) 5023 0683**

Sunraysia Men's Cancer Support Group (Mildura)
Michael **(03) 5023 8257**

Swan Hill Lift & Support Breast Cancer Group
Bev **(03) 5033 2246**
Shirley **(03) 5032 9125**

Women Touched by Cancer Support Group (Swan Hill)
Donna **(03) 5037 2532**
or **0418 565 020**

